

## Kabbalat Shabbat Beshellach

Ivru, ivru ba'sh'arim, panu derech ha'am.

עֲבְרוּ עֲבְרוּ בַּשְּׁעָרִים פִּנּוּ דֶּרֶךְ הָעָם

Go through, go through the gates, clear the way of the people! (Isaiah 62:10)

Ozi v'Zimrat Yah Vayahi li lishuah

עֲזִי וְזִמְרַת יְהוָה וְיִהְיֶה-לִּי לִישׁוּעָה

My Strength (balanced) with the Song of God will be my salvation  
(Psalm 118:14, Exodus 15:2)

## Sh'ma Yisrael Havaya Eloheinu Havaya Echod

Listen, (your name), the Great Mystery, All is One.

Dodi li va'ani lo, Ha'ro'eh ba'shoshanim.

דוּדִי לִי וְאֲנִי לוֹ הָרְעָה בַּשּׁוֹשָׁנִים

My beloved is mine and I am his.

He pastures among the lilies. (Song of Songs 2:16)

Prayer for healing (Ana el na refa na la)

## Kaddish

L'chu n'ra'n'na La'Adonai

לְכוּ נִרְנְנָה לַיהוָה

Oh, go forth, let us express our joy! (Psalm 95:1)