## Kabbalat Shabbat Vayigash

## Gam zeh l'tovah

This is also for the good. (Talmud, Taanit 21a)

Yomam y'tzaveh Adonaí chasdo, u'va'laíla shírah ímí

יוֹמָם יְצַוֶּה יְהוָה חַסְדוֹ וּבַלַּיְלָה שִׁירַה עִמִּי

By day: Your Love... By Night: Your Song By day God commands his love and by night her song is with me. (Psalm 42:9)

## Sh'ma Yisroel Havaya Eloheinu Havaya Echod

Listen, (your name), the Great Mystery, All is One.

Smolo tachat l'roshí, vímíno t'chabkayní

שָׂמֹאלוֹ תַּחַת לְרֹאשִׁי וִימִינָוֹ תְּחַבְּקָנִי

His left hand beneath my head, His right arm embracing me (Song of Songs 2:6)

Prayer for healing (Ana el na refa na la)

## Kaddish

Or Chadash al Tzion ta-ir, v'nizkeh chulanu m'hayra l'oro

אוֹר חָדָשׁ עַל צִיּוֹן תָּאִיר, וְנִזְכֶּה כֻלָּנוּ מְהֵרָה לְאוֹרוֹ

Shine a New Light on Zion, and may all of us soon be worthy of enlightenment.