

Sur may-ra va'aseh tov ba-keish shalom v'rod-fayhu

סור מרע ועשה טוב בקש שלום ורדפהו

Turn away from evil and do good;
Seek peace/wholeness and go after it. (Psalm 34)

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Achat hi yonati tamati, achat hi l'imah bara hi
l'yola'd'tah
(One Alone)

אחת היא יונתי תמתי

אחת היא לאמה ברה היא לילדתה

One alone is my dove, my perfect one,
One alone so luminous in her mother's heart. (Song of Songs
6:9)

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Sh'ma Yisrael Havaya Eloheinu Havaya
Echod

Listen, (your name), the Great Mystery, All is One.

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Prayer for healing (Ana el na refa na la)

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Kaddish

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V'sham nashir shir chadash u'vir'nana na'aleh

ושם נשיר שיר חדש וברננה נעלה

And there we will sing a new song; with joy we will go up.
(from Tzur Mishelo)

Hashiveynu Yah elecha v'nashuva

השיבנו יהוה אליך ונשוב

Now let us turn, return and be turned (3X)
To the One! (Lamentations 5:21)

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Kabbalat Shabbat Ki Tavo/ Elul

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Turn away from evil and do good; Seek peace/wholeness and go after it.

(Psalm 34) Achat hi yonati tamati, achat hi l'imah bara hi

I'uola'd'tah (One Alone)

אחת היא יונתי תמתי אחת היא לאמה ברה היא לילדתה

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6:9) Shima Yisrael Havaya Eloheinu Havaya

Echod Listen, (your name), the Great Mystery, All is One.

Prayer for healing (Ana el na refa na la)

Kaddish V'sham nashir shir chadash u'vir'nana na'aleh

ושם נשיר שיר חדש וברננה נעלה

And there we will sing a new song, with joy we will go up.

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השיבנו יהוה אליך ונשוב

Now let us turn, return and be turned (3X)

To the One! (Lamentations 5:21) www.rabbishefagold.com