

NAHALAT SHALOM SHABBAT SERVICES 2020

We offer eight different Shabbat experiences - find the ones that call to you.

All services are on Zoom (MT). See joining information on website and ENews.



First Friday of the Month, 6:30 pm

Der Freylekher Shabes with Cantor Beth Cohen

Celebrate Shabbat JOY heimishe-style with Cantor Beth and friends. Welcome the Sabbath Bride with nigunim, klezmer tunes and dancing to uplifting music and prayers in Yiddish, Hebrew and Ladino. The service also includes candle-lighting blessing, prayers for healing, Kaddish Yatom, Kiddush and HaMotzee.



First Saturday of the Month, 10:00 am

Chanting Morning Shabbat Service: Going Deep with Davennen with Miryam Levy, Rabbinic Chaplain

The service is contemplative as we take time to enter the liturgy through chant. We pause in the silence long enough to allow for an unfolding of possibilities and to develop the skillful practice that allows for Shabbat consciousness to flourish.



Second Friday of the Month, 6:30 pm

Sephardic Shabbat with Hershel Weiss and Stephanie Sofie Shefia Cohen

Please join us as we celebrate Shabbat in the Sephardic tradition. Sofie Shefia will lead us in song and prayer, joined by founding organizer Hershel Weiss. The evening includes an opportunity for everyone to share from their heart. Everyone is welcome!



Second Saturday of the Month, 10:00 am

Renewal Shabbat with Rabbi Chavah Carp

In this, our Renewal service, we embrace prayer with an open heart. At our services we imbed the Torah's theme and bring them forward to our daily life. Each Shabbat we are guided through a visualization that is intended to aid in our spiritual practice. Prayers for Healing are always included as well as the Mourners Kaddish to remember those who came before us. Join us on the Second Sabbath of each month.



Third Friday of the Month, 6:00 – 7:15 pm

Kabbalat Shabbat Service with Rabbi Min kantrowitz

Receive Shabbat with prayers songs and community. This Kabbalat Shabbat starts early and concludes with Kaddish and Motzi to allow you to join your family and friends for dinner following the service



Third Saturday of the Month, 10:00 am

Minyan HaLev with Rabbi Deborah Brin and Noach Bloom

Shabbat morning service with lots of singing, a Torah reading and learning and sharing. Come do Jewish stuff with us!



Fourth Friday of the Month, 5:30 - 7:00 pm

Queer Shabbat

What makes a Shabbat Dinner Queer? Come and you'll find out! An open, free, vegetarian-potluck dinner organized by, for and with celebration of the Queer/LGBTQIA community. Let's enjoy Shabbat together!



Fourth Friday of the Month, 7:30 pm

Chanting Kabbalat Shabbat Service with Judy Brown & Stephanie Sofie Shefia Cohen

A contemplative way to greet Shabbat through sacred Hebrew chanting and meditation. Celebrate the end of your week and nourish your soul. Join us as we move into holy space/time in a meditative mode: chanting sacred phrases and melodies and then melting into silence. No knowledge or talent is necessary, only the willingness and intention to go inside yourself, to listen deeply and to be in community with others who are engaged in this practice.